

# RENVYLE HOUSE HOTEL & RESORT

CONNEMARA, CO. GALWAY, IRELAND

## BREAKFAST MENU

Dining room is open for Breakfast  
from 8:30am to 11:00am

*“All happiness depends on a  
leisurely breakfast”  
- John Gunther*





# GOOD MORNING

*Dia Dhuit*

## TRADITIONAL RENVYLE BREAKFAST

*Bricfeasta Traidisiúnta Rinn Mhaoile*

### FROM THE BUFFET

#### Choice of Cold Drinks

Orange juice, apple juice, cranberry juice or  
Renvyle spring water

#### Grapefruit Segments

#### Prunes in Syrup

#### Chilled Watermelon

#### Selection of Yogurts (6)

Natural yogurt, fruit yogurt and low fat options (6)

#### Selection of Fresh Fruits

#### Selection of Cereals (1)

#### Oatmeal Porridge (1)

with pouring cream (6), seeds, hazelnuts (7) , honey  
and brown sugar

#### FOOD SOURCES

Eggs and Fruits sourced by Curleys Fruit &  
Vegetables, Galway.

Meats from Finnerty's Butchers, Oughterard.

Fresh fish from local supplier.

Salami and cheeses from Pallas Foods





## **COOKED BREAKFAST**

### **Connemara Full Irish Breakfast (1, 5)**

Bacon, egg, sausage, tomato and black or white pudding

### **Scrambled Eggs & Bacon (5)**

### **Pan-Seared Renvyle Lamb's Liver**

### **Grilled Fillet of Cleggan Plaice with Hollandaise Sauce (2, 5, 6)**

### **Baked Kippers (2)**

### **Vegetarian Cooked Breakfast (1, 5)**

Eggs (poached, boiled, scrambled or fried), homemade potato cakes with herbs from our own garden, tomato and mushrooms

### **Crêpe filled with Fresh Fruit, Glazed with Maple Syrup (1, 5, 6)**

### **French Toast with Cinnamon and Maple Syrup (1, 5)**

### **Poached Eggs Benedict (1, 5, 6)**

### **Poached Eggs Florentine (1, 5, 6)**

### **Fresh Boiled Eggs – cooked to your liking (5)**

### **Herb & Potato Cakes (1, 6)**

### **Irish Cheese and Cold Meats Platter (6)**

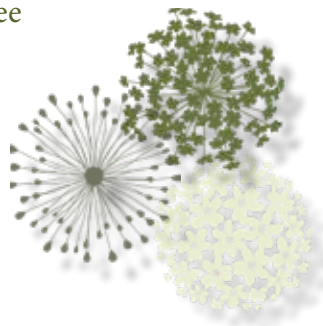
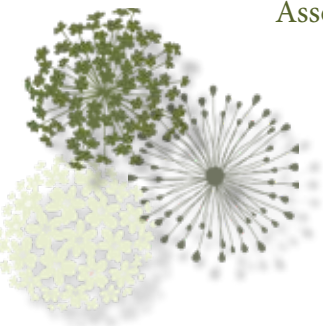
## **IN-HOUSE BAKERY**

A Selection of Homemade Breads (1, 5, 6, 12)

Croissants, pain au chocolate & Danish pastries baked each morning

Brown & White Toast and Local Preserves

Assorted Organic Herbal Teas, Tea or Coffee



Should you have any  
Food Allergies or Intolerances  
please take time to view our Food Allergens  
List on the back of this menu



## AFTER BREAKFAST...

There are a few trails of interest on the grounds of Renvyle House which is located on the Wild Atlantic Way, which include a woodland walk and various gardens trails. If you have an hour or so, there are some sights of archaeological interest on the far side of the lake, which in itself, is a lovely walk along the coast. There is a map of the grounds of Renvyle House and its activities available at Reception.

Further afield there are beautiful beaches and plenty of walks, some walking routes are available at Reception. The Connemara National Park is also worth a visit as is Kylemore Abbey and its Victorian Walled Gardens. Should you wish for some adventure you can start with a cruise along Killary Fjord which is most interesting and from which you can see the famine walk and sometimes the boat is accompanied by a school of dolphins. There is also the Killary Adventure Centre which has numerous activities on site. Scubadive West is close by and is a certified PADI school so you can 'try-a-dive' if you've never done so before.

Another lovely option is a day trip to Inis Bofin on a fine day. There are plenty of sites of interest, beautiful beaches and a few nice eateries on the island.

*Here, the only stress is on relaxation.*

***We do our best to prepare dishes free of certain allergens on request. However, please note that our kitchen is not entirely allergen free and there may be small traces present.***

### **Food Allergens**

**1** Gluten, **2** Fish, **3** Molluscs, **4** Crustaceans, **5** Eggs, **6** Dairy, **7** Treenuts\*, **8** Peanuts, **9** Celery, **10** Mustard, **11** Sesame, **12** Soya, **13** Sulphites, **14** Lupin

\***7 Tree nuts** include Almonds, Brazil Nuts, Cashews, Hazelnuts, Pecans, Pistachios & Walnuts

